



**CALIFORNIA REGIONAL COALITIONS  
Webinar Summary  
October 6, 2016**

**Age-Friendly Cities**

**Anabel Pelham, Ph.D., President, National Association of Professional Gerontologists (NAPG); Professor and Founding Director, Gerontology Program, San Francisco State University**

- These cities have gone through a process of research, data gathering, and talking with the community advocates and leaders to get a sense of what the needs of the older persons are and how could they improve their quality of life.
- About 10 years ago the World Health Organization began studied 33 cities to get a better sense what were the categories that contributed to the better quality of life for older people.
- With the information from the World Health Organization, the Center for Age Friendly Excellence (CAFÉ) was created. To view their web page, click [here](#).
- CAFÉ is now working with Santa Clara County to help all cities in the county to become age friendly and has been approached by other counties to help them become age friendly as well.

**Adriana Mendoza, Associate State Director, AARP**

- In LA, the initiative is called Purposeful Aging Los Angeles (PALA).
- Vision: To make Los Angeles region the most age friendly in the world.
- Mission: To prepare the Los Angeles region for a rapidly aging population through an innovative, sustained initiative that unites public and private leadership, resources, ideas, and strategies. PALA will improve the lives of older adults and Angelenos of all ages.
- The domains of the initiative include:
  - Housing
  - Social Participation
  - Respect and Social Inclusion

- Civic Participation and Employment
- Communication and Information
- Community Support and Health Services
- Outdoor Spaces and Buildings
- Transportation
- Emergency Preparedness and Resilience
- **Sue North:** There are bills this year in the Legislature: identify where people are at risk in case of an emergency; GTS mapping of where people are in institutional care.
- **Adriana:** These age-friendly cities commit to a five-year commitment: two years of planning, an assessment and survey, and then three years of implementation. AARP provides technical assistance.
- **Sue:** we as a group need to raise this in a broader context of supporting local advocates. We will send links to the PowerPoint of Adrianna. Anabel Pelham will also make available a PowerPoint as well.

## **Reports from coalitions**

### **Brandi Orton, LAAAC:**

- Housing the Homeless is an undertaking. Working on data on number of elders close to being homeless. Goal of keeping people housed. Inserting ourselves into the current conversation about homelessness: storytelling campaigns, local meetings for culturally diverse. Also working with other organizations to figure out housing work before we go public: brainstorming on long-term policies and strategies. E.g., asked USC to host a half-day event later this year to review information and strategy and work for one voice. Plus, there will be a panel on looking at the future and the vision. They will establish a Policy Action Team – it will begin as a speakers' bureau. Then, the action team will identify opportunities for advocacy (e.g., meetings, hearings), and we'll deploy people.

### **Forest Harlan, Diversability Advocacy Network:**

- We had a conference on "Medi-Medis" this past June, with 100 people attending. We have been looking for ways to be effective in outreach. A big issue for us is the closure of three of five SNFs. We will be trying to help. Also, a renewed focus on network adequacy.

## **Inland Empire:**

Postpone until next month

## **An Opportunity for Local Advocacy**

### **Wendy Peterson, County Welfare Directors Association**

- Interesting inside information. In Alameda County, working on bridging silos and working with policy offices of various government/county offices. How do we move the needle? E.g., CSAC (County Supervisors Association of California). E.g., when County Welfare Directors Association (CWDA) meets, they break into groups organized by population. The “older adult” group has just three county reps participating in the “older adult” group. Wendy’s goal: to encourage us to investigate who in your county goes to CWDA meetings and encourage counties to send staff and join the “older adult” discussion.
- Goal: every regional coalition talks to its county offices to encourage sending reps to CWDA meetings and to participate in the CWDA older adult group. Talk to adult protective services in your county and encourage their participation.
- Wendy is willing to do a conference call on this question. Sue and Wendy will arrange that.

## **Update from The Scan Foundation**

### **Kali Peterson:**

- Encourage all coalitions to look at age-friendly movement.
- Wendy’s visual of just three people talking about older adults. Should we have a CWDA guest on one of these calls?
- TSF will be updating the Regional Coalition profiles.
- Internally, please link to the TSF Community of Constituents page, rather than the TSF homepage.
- If you have no Web site, please find other ways to link to the Community of Constituents page, e.g., through your email signature.
- Many thanks to all who submitted evaluations to Summit and Community of Constituents conference.

**Sue North: all are invited to participate in upcoming call to review the Community of Constituents conference and to look ahead to spring NorCal and SoCal meetings.**

If you participated in today's webinar and are not listed below, send your name and regional coalition to [Crista@gacinstitute.org](mailto:Crista@gacinstitute.org).

**Participants: 46**

**Speakers**

Anabel Pelham  
Adriana Mendoza

**Aging and Disability Coalition of Lake and Mendocino Counties**

Corrina Avila  
Kathy Johnson

**Aging Services Collaborative of Santa Clara**

Wendy Ho

**Bay Area Senior Health Policy Coalition**

Katherine Kelly  
Cassandra Chan

**Central Coast LTSS Coalition**

Barbara Finch  
Jennifer Griffin

**Central Valley LTSS Coalition**

Donald Fischer

**Community Living Implementation Council of Nevada County**

Ana Acton

**Contra Costa Advisory Council on Aging**

Debbie Toth  
Gerald Richards  
Alicia Vallas

**Diversability Action Network (Chico)**

Forest Harlan  
Sarah May

**Independent Living Workgroup of Kern County**

Harvey Clowers

**Inland Empire LTSS Coalition**

Terry Lee

Ben Jauregui

**Los Angeles Aging Advocacy Coalition**

Brandi Orton

**Monterey Bay Aging and Disability Resource Coalition**

Olivia Quezada

Jorge Ruiz

Allison Yant

**San Mateo County New Beginning Coalition**

Marilyn Baker-Venturini

Cristina Ugaitafa

**Orange County Aging Services Collaborative**

Cynthia Okialda

Holly Hagler

Christine Chow

**Placer County Aging and Disability Resource Coalition**

Eldon Luce

**San Diego Long Term Care Integration Project**

Kristen Smith

**San Francisco Long Term Care Coordinating Council**

Valerie Coleman

Cathy Spensley

**The Senior Coalition of Stanislaus County**

Erlinda Bourcier, Stanislaus

**Senior Services Coalition of Alameda County**

Jordan Lindsey

Wendy Peterson

Florita Maiki

**Ventura County Hospital to Home Alliance**

Blair Craddock

**Yolo Healthy Aging Alliance**

Sheila Allen

**The SCAN Foundation**

Kali Peterson

**Unidentified Regional Coalition**

Patti Burton

Tamaran Cook

Kathleen Riel

Lynda Tanner

**Staff**

Susan North

Jack Hailey

Mariya Kalina

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